

# *'Stop Micro-Managing Your Kids'*

## *Steps towards teaching Self-Management*

- 1. Model Self-Management*
- 2. Celebrate Mistakes*
- 3. Natural Consequences*
- 4. Setting Limits*
- 5. Results if agreement is broken*
- 6. Letting go helps build self-management and it can only happen when we let go and give kids space to manage themselves*
- 7. Don't make them wrong ~ they are just trying to figure out how to live life!*

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